

FHS 9th-12th Breakfast 2017-18

January 2018

Mon	Tue	Wed	Thu	Fri
1 Holiday	2 Holiday	3 Holiday	4 Holiday	5 Holiday
8 Holiday	9 chocolate chip muffin Cereal. Cinnamon Toast Crunch L/S, Pears diced in L/S Apple / Orange Juice White Milk 1% Chocolate Milk FF	10 Cinnamon Roll w/g Breakfast Tornado Pineapple Tidbits Apple / Orange Juice White Milk 1% Chocolate Milk FF	11 Biscuit and sausage w/ cheese Apple / Orange Juice Fresh Oranges White Milk 1% Chocolate Milk FF Jelly, assorted Gravy	12 Pancakes (3) Pancake on a stick Fruit Slush Apple Slices White Milk 1% Chocolate Milk FF Syrup Cup Butter 1 EACH
15 Holiday	16 Breakfast bun Apple / Orange Juice Pears diced in L/S White Milk 1% Chocolate Milk FF	17 Pig in a blanket Apple / Orange Juice Pineapple Tidbits White Milk 1% Chocolate Milk FF	18 Biscuit and sausage w/ cheese Apple / Orange Juice Fresh Oranges White Milk 1% Chocolate Milk FF Jelly, assorted Gravy	19 Pancakes (3) Pancake on a stick Fruit Slush Apple Slices White Milk 1% Chocolate Milk FF Syrup Cup Butter 1 EACH
22 chocolate chip muffin Froot Loops Apple / Orange Juice Peaches diced in L/S White Milk 1% Chocolate Milk FF	23 Blueberry Waffles Apple / Orange Juice Pears diced in L/S White Milk 1% Chocolate Milk FF Syrup Cup	24 Scrambled eggs Apple / Orange Juice Pineapple Tidbits Cinnamon Bread White Milk 1% Chocolate Milk FF sausage link	25 Biscuit and sausage w/ cheese Apple / Orange Juice Fresh Oranges White Milk 1% Chocolate Milk FF Gravy Jelly, assorted	26 Pancakes (3) Pancake on a stick Fruit Slush Apple Slices White Milk 1% Chocolate Milk FF Syrup Cup Butter 1 EACH
29 Trix Cereal Blueberry muffin Peaches diced in L/S Apple / Orange Juice White Milk 1% Chocolate Milk FF	30 Egg Patty on Toast Apple / Orange Juice White Milk 1% Chocolate Milk FF Jelly, assorted	31 Pineapple Tidbits Apple / Orange Juice Cinnamon Crisps White Milk 1% Chocolate Milk FF Strawberry Yogurt	1 Biscuit and sausage w/ cheese Fresh Oranges Apple / Orange Juice White Milk 1% Chocolate Milk FF Gravy Jelly, assorted	2 Pancakes (3) Pancake on a stick Fruit Slush Apple Slices White Milk 1% Chocolate Milk FF Syrup Cup Butter 1 EACH

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