

K-5 Lunch 2017-18

January 2018

Mon	Tue	Wed	Thu	Fri
1 Holiday	2 Holiday	3 Holiday	4 Holiday	5 Holiday
8 Holiday	9 Beef fingers w/ roll Potatoes Mashed Broccoli Roasted Fresh Oranges White Milk 1% Chocolate Milk FF Gravy Butter 1 EACH	10 Cheeseburger Bacon Cheeseburger Burger salad POTATO SMILES Pineapple Tidbits White Milk 1% Chocolate Milk FF Mustard Mayo KETCHUP	11 Pork Chop w/ Roll Steamed Corn Roasted Carrots Applesauce White Milk 1% Chocolate Milk FF Butter 1 EACH honey pkt KETCHUP	12 Hot dog Corn Dog Baked Beans Cucumbers and tomato w/ ranch Apple Slices White Milk 1% Chocolate Milk FF KETCHUP Mayo Mustard
15 Holiday	16 Turkey and Gravy Steamed Spinach Potatoes Mashed Fresh Oranges Roll, 1oz White Milk 1% Chocolate Milk FF honey pkt Butter 1 EACH	17 Cheeseburger Bacon Cheeseburger Burger salad Pinto Beans, ls Pineapple Tidbits SunChips Cheddar White Milk 1% Chocolate Milk FF Mustard Mayo KETCHUP	18 Taco lettuce/tomato boats for tacos Refried Beans Applesauce White Milk 1% Chocolate Milk FF Picante sauce pkt	19 Grilled Chicken Sandwich Breaded hot and spicy chicken sandwich Baked Beans Burger salad Apple Slices White Milk 1% Chocolate Milk FF Mustard Mayo KETCHUP
22 Pepperoni Pizza Oven Roasted Turkey Breast Hoagie (BIS) Tossed Salad w/ ranch Roasted Carrots Peaches diced in L/S White Milk 1% Chocolate Milk FF	23 Chicken Tenders w/ roll Potatoes Mashed Broccoli Roasted Fresh Oranges White Milk 1% Chocolate Milk FF Gravy Butter 1 EACH honey pkt	24 Cheeseburger Bacon Cheeseburger Burger salad POTATO SMILES Pineapple Tidbits White Milk 1% Chocolate Milk FF Mustard Mayo KETCHUP	25 Spaghetti w/ meat sauce w/ breadstick Steamed Corn Tossed Salad w/ ranch Applesauce White Milk 1% Chocolate Milk FF	26 Bar B Que on a bun Egg Roll w/ soy sauce Pinto Beans, ls Celery Sticks w/ ranch Apple Slices White Milk 1% Chocolate Milk FF

<p>29</p> <p>Pepperoni Pizza</p> <p>Oven Roasted Turkey Breast Hoagie (BIS)</p> <p>Steamed Corn</p> <p>Tossed Salad w/ ranch</p> <p>Peaches diced in L/S</p> <p>White Milk 1%</p> <p>Chocolate Milk FF</p>	<p>30</p> <p>Chicken Nuggets WG</p> <p>Steamed Green Beans</p> <p>Rosemary Roasted Redskins</p> <p>Fresh Oranges</p> <p>White Milk 1%</p> <p>Chocolate Milk FF</p> <p>KETCHUP</p> <p>BBQ Sauce 1 oz</p>	<p>31</p> <p>Cheeseburger</p> <p>Bacon Cheeseburger</p> <p>Burger salad</p> <p>Pinto Beans, ls</p> <p>Pineapple Tidbits</p> <p>Fruit Cocktail light syrup</p> <p>SunChips Cheddar</p> <p>White Milk 1%</p> <p>Chocolate Milk FF</p> <p>Mustard</p> <p>Mayo</p> <p>KETCHUP</p>	<p>1</p> <p>Chicken Fajita</p> <p>Refried Beans</p> <p>lettuce/tomato boats for tacos</p> <p>Applesauce</p> <p>White Milk 1%</p> <p>Chocolate Milk FF</p> <p>Picante sauce pkt</p>	<p>2</p> <p>Mini corn dogs</p> <p>Baked Beans</p> <p>Baby Carrots w/ ranch</p> <p>Apple Slices</p> <p>Choc chip cookie</p> <p>White Milk 1%</p> <p>Chocolate Milk FF</p> <p>KETCHUP</p> <p>Mustard</p>
---	--	--	---	---

Copyright © 2017 Health-e Pro

Warning: the data contained within this report cannot be used for and does not provide menu planning or medical treatment for anyone with a medical condition, dietary restriction or food allergy. Use of the services to provide menu planning or medical treatment for anyone with a medical condition, dietary restriction or food allergy is a violation of the terms of this service. Any subscriber planning for or treating medical conditions, dietary restrictions or a food allergy must consult a medical professional for assistance. Trans fat values are provided for information purposes only, not for monitoring purposes.