4 day FHS Lunch 22-23

March 2023

Mon	Tue	Wed	Thu
27	28	1	2
Pepperoni Pizza	Chicken Tenders w/ roll	Bacon Cheesburger	Chicken Fajita
Pizza, Cheese	Spicy tenders w/roll	Cheeseburger	Refried Beans
Tossed Salad w/ ranch	Mashed Potatoes	Hamburger	lettuce/tomato boats for tacos
Steamed Corn	Steamed Green Beans	Potato Smiles	Baby Carrots w/ ranch
Apple Slices	Fresh Oranges	Burger salad	Fruit Cocktail
Applesauce	Peaches diced	Fresh Apple Green	grapes
Choc chip cookie	White Milk 1%	Pineapple Tidbits	White Milk 1%
White Milk 1%	Milk Chocolate FF	White Milk 1%	Milk Chocolate FF
Milk Chocolate FF	Ketchup	Milk Chocolate FF	Picante sauce pkt
	Gravy	Ketchup	
		Mustard	
		Mayo	
6	7	8	9
Pepperoni Pizza	Chicken Fried Steak w/roll	Bacon Cheesburger	Hot dog
Pizza, Cheese	Mashed Potatoes	Cheeseburger	Pinto Beans
Steamed Carrots	Asparagus. Roasted	Hamburger	Cucumber Slices
Tossed Salad w/ ranch	Fresh Oranges	Potato Smiles	Baby Carrots w/ ranch
Apple Slices	Sliced Pears	Burger salad	Fruit Cocktail
Applesauce	White Milk 1%	Fresh Apple Green	grapes
Bread Stick with marinara sauce W/W	Milk Chocolate FF	Pineapple Tidbits	Choc chip cookie
White Milk 1%	Gravy	White Milk 1%	White Milk 1%
Milk Chocolate FF	Ketchup	Milk Chocolate FF	Milk Chocolate FF
		Ketchup	Mustard
		Mustard	Ketchup
		Mayo	Мауо
13	14	15	16
Spring Break	Spring Break	Spring Break	Spring Break

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20	21	22	23
Pepperoni Pizza	Beef fingers w/ roll	Bacon Cheesburger	Breaded chicken patty on a bun
Pizza, Cheese	Broccoli Roasted	Cheeseburger	Breaded hot and spicy chicken sandwich
Tossed Salad w/ ranch	Mashed Potatoes	Hamburger	Pinto Beans
Steamed Corn	Steamed Carrots	Potato Smiles	Baby Carrots w/ ranch
Apple Slices	Peaches diced	Burger salad	Celery Sticks w/ ranch
Applesauce	Fresh Oranges	Pineapple Tidbits	Cucumber Slices
Choc chip cookie	White Milk 1%	Fresh Apple Green	Fruit Cocktail
White Milk 1%	Milk Chocolate FF	White Milk 1%	Fresh Grapes
Milk Chocolate FF	Gravy	Milk Chocolate FF	Cheetos Baked
	Ketchup	Ketchup	White Milk 1%
		Mustard	Milk Chocolate FF
		Mayo	Mustard
			Mayo
27	28	29	30
Pepperoni Pizza	Chicken Nuggets with roll	Bacon Cheesburger	Bean and Cheese Burrito
Pizza, Cheese	Chicken nuggets hot and spicy w/ roll	Cheeseburger	Corn on the cob
Tossed Salad w/ ranch	Mashed Potatoes	Hamburger	Celery Sticks w/ ranch
Steamed Carrots	Pinto Beans	Potato Smiles	Cucumber Slices
Apple Slices	Baby Carrots w/ ranch	Burger salad	Fruit Cocktail
Applesauce	Fresh Oranges	Fresh Apple Green	grapes
Bread Stick with marinara sauce W/W	Peaches diced	Pineapple Tidbits	Choc chip cookie
White Milk 1%	White Milk 1%	White Milk 1%	White Milk 1%
Milk Chocolate FF	Milk Chocolate FF	Milk Chocolate FF	Milk Chocolate FF
	Gravy	Ketchup	Picante sauce pkt
	Ketchup	Mustard	
		Mayo	

This institution is an equal opportunity provider.