# FHS Breakfast 25-26

# October 2025

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# MONDAY WEDNESDAY THURSDAY **TUESDAY** 1 2 **Entree Entree** Cinnamon French Toast Bagel w/ cream cheese Sticks Blueberry bagel /cream cheese **Fruit** Fruit Apple Juice Orange Juice Apple Juice Fresh Apple RED Orange Juice Peaches diced Milk Milk White Milk 1% Chocolate Milk FF White Milk 1% Chocolate Milk FF Misc. Syrup Cup

# **Entree**

Cereal, Lucky Charms Cereal, Cocoa Puffs

#### Fruit

Apple Slices Orange juice 4 oz Apple Juice

# Milk

White Milk 1% Chocolate Milk FF

# **Entree**

Blueberry Muffin Chocolate Muffin

#### Fruit

Fresh Oranges Apple Juice Orange Juice

#### Milk

White Milk 1% Chocolate Milk FF

# **Entree**

Breakfast honey bun

#### Fruit

Apple Juice Orange Juice Fresh Apple RED

# Milk

White Milk 1% Chocolate Milk FF

Chicken Biscuit w/cheese

# Fruit

**Entree** 

Strawberry cup Apple Juice Orange Juice

## Milk

White Milk 1% Chocolate Milk FF

#### Misc.

Honey pkt Jelly, assorted

# 13 **Entree**

Cinnamon Chex Cereal Cereal, Honey Nut Cheerios

# **Fruit**

Apple Slices Apple Juice

# 14 **Entree**

Banana Bread Slice Cocoa Chocolate Bread Slice

### Fruit

Fresh Oranges Apple Juice

# 15 **Entree**

Powdered Sugar Mini Mini Chocolate Covered **Donuts** 

#### **Fruit**

Fresh Apple Green

# 16 Entree

WG Fruity Pancake Bowl, Strawberry

### Fruit

Mixed Berries Applesauce Apple Juice Orange Juice

Orange Juice

Milk

White Milk 1% Chocolate Milk FF Orange Juice

Milk

White Milk 1% Chocolate Milk FF Apple Juice Orange Juice

Milk

White Milk 1% Chocolate Milk FF Milk

White Milk 1% Chocolate Milk FF

# 20

# **Entree**

Cinnamon Toast Crunch Cereal Frosted Mini Wheats Cereal

# Fruit

Apple Slices
Apple Juice
Orange Juice

#### Milk

White Milk 1% Chocolate Milk FF

# 21 Entree

Waffles, Mini, Cinnamon Froot Loop Waffles

### Fruit

Fresh Oranges Apple Juice Orange Juice

#### Milk

White Milk 1% Chocolate Milk FF

#### Misc.

Syrup Cup

# 22 Entree

Cinnamon Bun

# Fruit

Apple Juice Orange juice 4 oz Fresh Apple RED

# Milk

White Milk 1% Chocolate Milk FF

# 23

### **Entree**

Breakfast Sausage Pizza

#### Fruit

Apple Juice Orange Juice Strawberry cup

# Milk

White Milk 1% Chocolate Milk FF

# 27 Entree

Trix Cereal Blueberry Chex Cereal

# **Fruit**

Apple Slices
Apple Juice
Orange Juice

# Milk

White Milk 1% Chocolate Milk FF

# 28 Entree

Mini Confetti Pancakes Mini Maple Pancakes

# Fruit

Fresh Oranges Apple Juice Orange Juice

#### Milk

White Milk 1% Chocolate Milk FF

# Misc.

Syrup Cup

# 29 Entree

Cinnamon French Toast Sticks

### **Fruit**

Apple Juice
Orange Juice
Fresh Apple RED

#### Milk

White Milk 1% Chocolate Milk FF

# Misc.

Syrup Cup

# 30

# Entree

Bagel w/ cream cheese Blueberry bagel /cream cheese

#### Fruit

Apple Juice
Orange Juice
Peaches diced

### Milk

White Milk 1% Chocolate Milk FF

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