FHS Lunch 23-24

May 2024

FHS Lunch 23-24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
		1	2
		Entree	Entree
		Bacon Cheeseburger	Bean and Cheese Burrito
		Cheeseburger Hamburger	Vegetables
		Vegetables	Pinto Beans Cucumber Slices
		Potato Smiles	Baby Carrots w/ ranch
		Burger salad	Fruit
		Fruit	Fresh Grapes
		Fresh Apple Green Applesauce cups	Mixed Berries Applesauce
			Milk
		Milk	White Milk 1%
		White Milk 1% Chocolate Milk FF	Chocolate Milk FF
		Misc.	Misc.
		Ketchup	Picante sauce pkt
		Mustard Mayo	
6	♥ 7 ♥	8	9
Entree	Entree	Entree	Entree
Pepperoni Pizza	Beef fingers w/ roll	Bacon Cheeseburger	Grilled Cheese Sandwich
Cheese Pizza	Vegetables	Cheeseburger Hamburger	Vegetables
Vegetables	Mashed Potatoes		Pinto Beans
Tossed Salad w/ ranch	Steamed Green Beans	Vegetables	Baby Carrots w/ ranch
Roasted Carrots	Fruit	Potato Smiles Burger salad	Cucumber Slices
Fruit	Fresh Oranges	burger salau	Fruit
Apple Slices	Peaches diced	Fruit	Fruit Cocktail
Applesauce	Milk	Fresh Apple RED	Fresh Grapes
Milk	White Milk 1%	Pineapple Tidbits	Grains
White Milk 1%	Chocolate Milk FF	Milk	Cheetos Baked
Chocolate Milk FF	Misc.	White Milk 1%	Desserts
	Gravy	Chocolate Milk FF	Choc chip cookie
	Ketchup	Misc.	
		Ketchup	Milk
		Mustard Mayo	White Milk 1% Chocolate Milk FF
13	14	15	16
Entree	Entree	Entree	Entree
Pepperoni Pizza	Chicken nuggets w/ roll	Bacon Cheeseburger	Breaded chicken patty on a bun
Cheese Pizza	Chicken nuggets hot and spicy w/	Cheeseburger	Hot and spicy chicken on a bun
Vegetables	roll	Hamburger	Vegetables
Tossed Salad w/ ranch	Vegetables	Vegetables	Corn on the cob
Steamed Carrots	Mashed Potatoes	Potato Smiles	Cucumber Slices
Fruit	Pinto Beans	Burger salad	Celery Sticks w/ ranch

Baby Carrots w/ ranch

Fruit

Apple Slices Applesauce

Desserts

Choc chip cookie

Milk White Milk 1% Chocolate Milk FF

20 Entree

Pepperoni Pizza Cheese Pizza

Vegetables Tossed Salad w/ ranch Steamed Corn

Fruit Apple Slices Applesauce

Desserts

Choc chip cookie

Milk White Milk 1% Chocolate Milk FF Fruit Fresh Oranges Mixed Berries Applesauce

Milk White Milk 1% Chocolate Milk FF

Gravy Ketchup

Misc.

21 Entree

Chicken Tenders w/ roll Chicken tenders, hot & spicy w/ roll

Vegetables

Mashed Potatoes Steamed Green Beans Baby Carrots w/ ranch

Fruit Fresh Oranges Mixed Berries Applesauce

Milk

White Milk 1% Chocolate Milk FF

Misc. Gravy Ketchup Fruit Fresh Apple Green Pineapple Tidbits

Milk White Milk 1%

Chocolate Milk FF

Misc.

Ketchup Mustard Mayo

22 Entree

Bacon Cheeseburger Cheeseburger Hamburger

Vegetables

Potato Smiles Burger salad

Fruit

Fresh Apple Green Applesauce cups

Milk

White Milk 1% Chocolate Milk FF

Misc.

Ketchup Mustard Mayo Fruit Fresh Grapes

Fresh Grapes Applesauce cups

Grains Cheetos Baked

Milk White Milk 1% Chocolate Milk FF

Misc. Ketchup

23 Entree

Hot dog

Vegetables

Pinto Beans Baby Carrots w/ ranch Cucumber Slices

Fruit Fresh Grapes Applesauce cups

Grains Cheetos Baked

Milk White Milk 1% Chocolate Milk FF

Misc. Mild Cheddar Cheese, Shreds Mustard Mayo Ketchup

27

28

29

30

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to

USDA by:

1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

2. fax: (833) 256-1665 or (202) 690-7442; or

3. email: Program.Intake@usda.gov

This institution is an equal opportunity provider.