

4 day FHS Lunch 22-23

May 2023

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Monday	Tuesday	Wednesday	Thursday
<p>1</p> <p>Entree</p> <p>Pepperoni Pizza Pizza, Cheese</p> <p>Vegetables</p> <p>Tossed Salad w/ ranch Steamed Corn</p> <p>Fruit</p> <p>Apple Slices Applesauce</p> <p>Desserts</p> <p>Choc chip cookie</p> <p>Milk</p> <p>White Milk 1% Milk Chocolate FF</p>	<p>2</p> <p>Entree</p> <p>Chicken Tenders w/ roll Spicy tenders w/roll</p> <p>Vegetables</p> <p>Mashed Potatoes Steamed Green Beans</p> <p>Fruit</p> <p>Fresh Oranges Peaches diced</p> <p>Milk</p> <p>White Milk 1% Milk Chocolate FF</p> <p>Misc.</p> <p>Ketchup Gravy</p>	<p>3</p> <p>Entree</p> <p>Bacon Cheesburger Cheeseburger Hamburger</p> <p>Vegetables</p> <p>Potato Smiles Burger salad</p> <p>Fruit</p> <p>Fresh Apple Green Pineapple Tidbits</p> <p>Milk</p> <p>White Milk 1% Milk Chocolate FF</p> <p>Misc.</p> <p>Ketchup Mustard Mayo</p>	<p>4</p> <p>Entree</p> <p>Chicken Fajita</p> <p>Vegetables</p> <p>Refried Beans lettuce/tomato boats for tacos Baby Carrots w/ ranch</p> <p>Fruit</p> <p>Fruit Cocktail grapes</p> <p>Milk</p> <p>White Milk 1% Milk Chocolate FF</p> <p>Misc.</p> <p>Picante sauce pkt</p>
<p>8</p> <p>Entree</p> <p>Pepperoni Pizza Pizza, Cheese</p> <p>Vegetables</p> <p>Steamed Carrots Tossed Salad w/ ranch</p> <p>Fruit</p> <p>Apple Slices Applesauce</p> <p>Grains</p> <p>Bread Stick with marinara sauce W/W</p> <p>Milk</p> <p>White Milk 1% Milk Chocolate FF</p>	<p>9</p> <p>Entree</p> <p>Chicken Fried Steak w/roll</p> <p>Vegetables</p> <p>Mashed Potatoes Asparagus. Roasted</p> <p>Fruit</p> <p>Fresh Oranges Sliced Pears</p> <p>Milk</p> <p>White Milk 1% Milk Chocolate FF</p> <p>Misc.</p> <p>Gravy Ketchup</p>	<p>10</p> <p>Entree</p> <p>Bacon Cheesburger Cheeseburger Hamburger</p> <p>Vegetables</p> <p>Potato Smiles Burger salad</p> <p>Fruit</p> <p>Fresh Apple Green Pineapple Tidbits</p> <p>Milk</p> <p>White Milk 1% Milk Chocolate FF</p> <p>Misc.</p> <p>Ketchup Mustard Mayo</p>	<p>11</p> <p>Entree</p> <p>Hot dog</p> <p>Vegetables</p> <p>Pinto Beans Cucumber Slices Baby Carrots w/ ranch</p> <p>Fruit</p> <p>Fruit Cocktail grapes</p> <p>Desserts</p> <p>Choc chip cookie</p> <p>Milk</p> <p>White Milk 1% Milk Chocolate FF</p> <p>Misc.</p> <p>Mustard Ketchup Mayo</p>
<p>15</p> <p>Entree</p> <p>Pepperoni Pizza Pizza, Cheese</p> <p>Vegetables</p> <p>Tossed Salad w/ ranch</p>	<p>16</p> <p>Entree</p> <p>Beef fingers w/ roll</p> <p>Vegetables</p> <p>Broccoli Roasted Mashed Potatoes</p>	<p>17</p> <p>Entree</p> <p>Bacon Cheesburger Cheeseburger Hamburger</p> <p>Vegetables</p>	<p>18</p> <p>Entree</p> <p>Breaded chicken patty on a bun Breaded hot and spicy chicken sandwich</p> <p>Vegetables</p>

<p>Steamed Corn</p> <p>Fruit</p> <p>Apple Slices Applesauce</p> <p>Desserts</p> <p>Choc chip cookie</p> <p>Milk</p> <p>White Milk 1% Milk Chocolate FF</p>	<p>Steamed Carrots</p> <p>Fruit</p> <p>Peaches diced Fresh Oranges</p> <p>Milk</p> <p>White Milk 1% Milk Chocolate FF</p> <p>Misc.</p> <p>Gravy Ketchup</p>	<p>Potato Smiles Burger salad</p> <p>Fruit</p> <p>Pineapple Tidbits Fresh Apple Green</p> <p>Milk</p> <p>White Milk 1% Milk Chocolate FF</p> <p>Misc.</p> <p>Ketchup Mustard Mayo</p>	<p>Pinto Beans Baby Carrots w/ ranch Celery Sticks w/ ranch Cucumber Slices</p> <p>Fruit</p> <p>Fruit Cocktail Fresh Grapes</p> <p>Grains</p> <p>Cheetos Baked</p> <p>Milk</p> <p>White Milk 1% Milk Chocolate FF</p> <p>Misc.</p> <p>Mustard Mayo</p>
<p>22</p> <p>Entree</p> <p>Pepperoni Pizza Pizza, Cheese</p> <p>Vegetables</p> <p>Tossed Salad w/ ranch Steamed Carrots</p> <p>Fruit</p> <p>Apple Slices Applesauce</p> <p>Grains</p> <p>Bread Stick with marinara sauce W/W</p> <p>Milk</p> <p>White Milk 1% Milk Chocolate FF</p>	<p>23</p> <p>Entree</p> <p>Chicken Nuggets with roll Chicken nuggets hot and spicy w/ roll</p> <p>Vegetables</p> <p>Mashed Potatoes Pinto Beans Baby Carrots w/ ranch</p> <p>Fruit</p> <p>Fresh Oranges Peaches diced</p> <p>Milk</p> <p>White Milk 1% Milk Chocolate FF</p> <p>Misc.</p> <p>Gravy Ketchup</p>	<p>24</p> <p>Entree</p> <p>Bacon Cheesburger Cheeseburger Hamburger</p> <p>Vegetables</p> <p>Potato Smiles Burger salad</p> <p>Fruit</p> <p>Fresh Apple Green Pineapple Tidbits</p> <p>Milk</p> <p>White Milk 1% Milk Chocolate FF</p> <p>Misc.</p> <p>Ketchup Mustard Mayo</p>	<p>25</p> <p>Entree</p> <p>Bean and Cheese Burrito</p> <p>Vegetables</p> <p>Corn on the cob Celery Sticks w/ ranch Cucumber Slices</p> <p>Fruit</p> <p>Fruit Cocktail grapes</p> <p>Desserts</p> <p>Choc chip cookie</p> <p>Milk</p> <p>White Milk 1% Milk Chocolate FF</p> <p>Misc.</p> <p>Picante sauce pkt</p>
<p>29</p>	<p>30</p>	<p>31</p>	

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