TMS PP Lunch 25-26

October 2025

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MONDAY WEDNESDAY THURSDAY **TUESDAY** 1 2 **Entree Entree Tamales** Hamburger Bacon Cheeseburger **Vegetables** Cheeseburger Tossed Salad w/ ranch **Vegetables** Baby Carrots w/ ranch Potato Smiles Steamed Corn Burger salad Refried Beans Fruit **Fruit** Fresh Apple Green Strawberry cup Milk Milk White Milk 1% White Milk 1% Chocolate Milk FF Chocolate Milk FF Misc. Misc. Ketchup Picante sauce pkt Mustard Mayo

Entree

Chicken Fajita BP

Vegetables

Baked Potato onions raw jalapenos

Fruit

Apple Slices

Grains

Roll

Milk

White Milk 1% Chocolate Milk FF

Misc.

Whipped Spread Sour cream ff

7 Entree

Breaded Chicken
Drumstick w/Roll
Breaded Chicken Thigh
w/roll

Vegetables

Mashed Potatoes Broccoli Roasted

Fruit

Fresh Oranges

Milk

White Milk 1% Chocolate Milk FF

Misc.

Gravy Ketchup

8 Entree

Hamburger Bacon Cheeseburger Cheeseburger

Vegetables

Potato Smiles Burger salad

Fruit

Fresh Apple RED

Milk

White Milk 1% Chocolate Milk FF

Misc.

Mustard Mayo Ketchup

9 Entree

Crispito, chicken and cheese w/ cheese cup

Vegetables

Tossed Salad w/ ranch Baby Carrots w/ ranch Steamed Corn Refried Beans

Fruit

Strawberry cup

Milk

White Milk 1% Chocolate Milk FF Mild Cheddar Cheese, Shreds

13

Entree

Chicken Fajita BP

Vegetables

Baked Potato onions raw jalapenos

Fruit

Apple Slices

Grains

Roll

Milk

White Milk 1% Chocolate Milk FF

Misc.

Whipped Spread Sour cream ff Mild Cheddar Cheese, Shreds

14

Entree

Chicken Minis w roll
Chicken H & S Minis w roll

Vegetables

Mashed Potatoes Steamed Corn

Fruit

Fresh Oranges

Milk

White Milk 1% Chocolate Milk FF

Misc.

Gravy Ketchup

15

Entree

Bacon Cheeseburger Cheeseburger Hamburger

Vegetables

Potato Smiles Burger salad

Fruit

Fresh Apple Green

Milk

White Milk 1% Chocolate Milk FF

Misc.

Ketchup Mustard Mayo

16

Entree

Tamales

Vegetables

Tossed Salad w/ ranch Baby Carrots w/ ranch Steamed Corn Refried Beans

Fruit

Strawberry cup

Milk

White Milk 1% Chocolate Milk FF

Misc.

Picante sauce pkt

20 Entree

Chicken Fajita BP

Vegetables

Baked Potato onions raw jalapenos

Fruit

Apple Slices

Grains

Roll

Milk

White Milk 1% Chocolate Milk FF

Misc.

Whipped Spread Sour cream ff

21

Entree

Popcorn Chicken (hot and spicy) w/ Roll Popcorn Chicken w/ Roll

Vegetables

Baked Potato half Cucumbers and tomato w/ ranch

Fruit

Fresh Oranges

Milk

White Milk 1% Chocolate Milk FF

Misc.

Ketchup

22 Entree

Hamburger Bacon Cheeseburger Cheeseburger

Vegetables

Potato Smiles Burger salad

Fruit

Fresh Apple Green

Milk

White Milk 1% Chocolate Milk FF

Misc.

Ketchup Mustard Mayo

23 Entree

Crispito, chicken and cheese w/ cheese cup

Vegetables

Tossed Salad w/ ranch Baby Carrots w/ ranch Steamed Corn Refried Beans

Fruit

Strawberry cup

Milk

White Milk 1% Chocolate Milk FF 9/30/25, 3:30 PM Menus > 102498 | Health-e Pro Menu Planning Mild Cheddar Cheese, Shreds 27 28 29 30 Entree **Entree Entree Entree** Chicken Fajita BP Chicken Tenders w/ roll Hamburger **Tamales** Spicy tenders w/roll Bacon Cheeseburger **Vegetables Vegetables** Cheeseburger **Vegetables Baked Potato** Tossed Salad w/ ranch **Vegetables** onions raw Mashed Potatoes Baby Carrots w/ ranch ialapenos Steamed Green Beans Potato Smiles Steamed Corn Burger salad Refried Beans **Fruit** Fruit Fruit Fruit Apple Slices Fresh Oranges Fresh Apple Green Strawberry cup **Grains** Milk Milk Milk Roll White Milk 1% Chocolate Milk FF White Milk 1% White Milk 1% Milk Chocolate Milk FF Chocolate Milk FF Misc. White Milk 1% Misc. Misc. Chocolate Milk FF Gravy Ketchup Ketchup Picante sauce pkt Misc. Mustard Whipped Spread Mayo Sour cream ff

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- 2. fax: (202) 690-7442; or

Mild Cheddar Cheese.

Shreds

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